



Press Release

Mental Health America of Lake County Recognized as Empowering Business of the Year

Mental Health America of Lake County (MHALC) was recently honored as the Empowering Business of the Year at the annual Influential Women of Northwest Indiana event. Each year, the event recognizes one organization which demonstrates excellence in supporting women's success.

Mental Health America of Lake County staff is made up of 63 women who are dedicated, passionate and inspiring. The direct service staff empowers vulnerable moms every day to enhance overall well-being and self-sufficiency, for themselves and their families, with evidence-based home visiting programs including Healthy Families, Parents as Teachers, and Empowering Teens as Parents, among others. MHALC is also one of four nonprofits selected to receive proceeds from this year's event.

"Every day I am humbled by the selfless work of our staff," said Renae Vania-Tomczak, President & CEO. "As management we make it our mission to also empower the staff to become leaders within their field and within the Lake County community. It is demonstrated through providing opportunities for advancement, relevant leadership training, service to other organizations through community collaborations, and engaging staff and gathering input for important decisions."

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President and CEO Renae Tomczak, holding the award, is joined by members of the board, management, and staff